

Thailand
Village Academy

BAN LAM KHANUN COMMUNITY

Trang



BAN LAM KHANUN COMMUNITY

Trang



Handmade craft sessions, a jungle trek to reach a stunning rainbow waterfall, learning about honey sourced from eastern honey bees, yummy dessert-making classes – just some of the highlight activities that await during your visit to Ban Lam Khanun community in Trang, which is not far from the more famous (and busier) Phuket province. You'll be guided through each activity with the village master craftspeople, as well as knowledgeable guides who'll show you around the community's very own "sufficiency economy" mixed agricultural farms and nearby hydroelectric plant.



ACTIVITIES

- Explore the watershed forest at Bantad Mountains.
- Enjoy kayaking along the Lamphikul River.
- Study about renewable energy, particularly hydroelectricity.
- Learn about sustainable farming and visit an integrated farm.
- Make some famous Southern Thai desserts.
- Craft propellers and windmills from natural bamboo.

PROGRAM 3 DAYS 2 NIGHTS

DAY 1

06.00 am.	Assemble at AirAsia counter inside Terminal 2 of Don Mueang International Airport.
07.55 am.	Board flight FD 3241 to Trang.
09.30 am.	Arrive at Trang Airport. The van will take you to a Dim Sum restaurant in Amphoe Mueang Trang.
11.00 am.	Head to Ban Lam Khanun Community, Tambon Na Chum Het, Amphoe Yan Ta Khao, Trang.
11.30 am.	Arrive at Ban Lam Khanun Community Learning Center. Enjoy welcome performances, local desserts and herbal drinks from the villagers.
12.00 pm.	Enjoy a traditional lunch. Learning activities at Ban Lam Khanun Community. <ul style="list-style-type: none">• Learn about renewable energy: hydroelectricity.• Learn about renewable energy: solar greenhouse and Na Chum Het firewood stove (smokeless).• Learn how to burn charcoal inside the 200-liter barrel, from preparing firewood to fire making.• Local art and culture learning activity: the carving of Nang Talung (shadow puppets).
Evening	Enjoy a traditional dinner. Watch local youths rehearse their Manorah performance, which is unique to the south of Thailand. (In case there is a rehearsal on) Stay at Ban Lam Khanun Homestay (Mr. Nhuaime House) or accommodation of a similar quality.

DAY 2

Morning	Make offerings to the monks and enjoy a traditional breakfast.
08.30 am.	Learning activities at Ban Lam Khanun Community. <ul style="list-style-type: none">• Visit the integrated farm for the community based on the Sufficiency Economy Philosophy. Learn how to grow crops, tend to chickens, fish, and see how families earn an income.• Cooking class: learn how to make local desserts such as Khanom Nom Sao.• Workshop: try crafting propellers and windmills from natural, leftover bamboo.
12.00 pm.	Enjoy a traditional lunch.
Afternoon	Learn about sufficiency economic agriculture at Sri Thongdam Lam Khanun Lime Orchard. Try making honey fermented lime, which is loaded with health benefits. Travel to Tambon Thung Khai, Amphoe Yan Ta Khao. Visit the Peninsular Botanic Garden (Thung Khai), featuring a botanical garden, herbal garden, plant museum, botanical library and many nature trails. The highlight of this botanical garden is the Canopy Walkway, which is a walking trail inside the canopy, spanning 3 different levels of heights between 5 -20 meters.
Evening	Enjoy a traditional dinner. Stay at Ban Lam Khanun Homestay (Mr. Nhuaime House) or accommodation of a similar quality.

DAY 3

Morning	Make offerings to the monks and prepare to check out. Enjoy a traditional breakfast.
09.00 am.	Kayak along the Lamphikul River, connecting 5 tributaries, namely Lam Phikul, Lam Tho, Lam Khanun, Lam Pina and Lam Sai Ngam. Experience the beauty of nature and agricultural lifestyle along rivers (approximately 1.45 hours).
12.00 pm.	Enjoy a traditional lunch.
01.00 pm.	Say goodbye to the community. Head to Trang Airport.
01.30 pm.	Arrive at Trang Airport. Check in at AirAsia counter.
02.55 pm.	Board flight FD 3246 to Bangkok (arrive at 16.25).
05.30 pm.	Arrive back in Bangkok, end of trip.

Program 3 Days 2 Nights

Number of visitors	2 persons	4 persons	6 persons	8 persons	20 persons
Rate/Person (THB)	19,900	11,500	8,900	7,900	6,200



Program 6 Days 5 Nights

Number of visitors	2 persons	4 persons	6 persons	8 persons	20 persons
Rate/Person (THB)	46,500	28,000	22,700	19,600	16,200



Program 7 Days 6 Nights

Number of visitors	2 persons	4 persons	6 persons	8 persons	20 persons
Rate/Person (THB)	40,000	23,000	18,000	15,200	12,000



TOUR OPERATOR CONTACT INFORMATION

Friday Trip Co., Ltd.

Tel. 0-2373-8008, 08-8008-2906-7

E-mail: pam@fridaytrip.com, csrouting@fridaytrip.com

 www.fridaytrip.com  www.facebook.com/fridaytrip.page

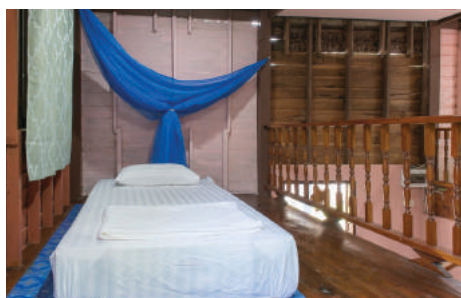
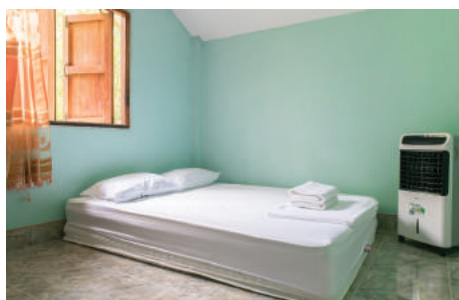
WHAT WILL YOU LEARN?

Experience the authentic Southern Thai way of living through arts & crafts, agricultural activities, along with natural conservation. Learn to live in harmony with others through fun activities such as performing the “Manorah” (traditional southern dance).



HOME STAY

4 homestays with a capacity to accommodate 25 visitors in total





FOR MORE INFORMATION

Thailand Village Academy

E-mail: Thailandvillageacademy2019@gmail.com

Website: www.thailandvillageacademy.com