

BAN PHU HOMESTAY

Mukdahan



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In 1844, the ancestors of Ban Phu relocated from the Laotian side of Mekong River across the water to this valley in Thailand's Mukdahan province. The community spirit remains strong here, with locals genuinely caring about each other – while age-old traditions are still cherished. Everything you've heard about the 'slow life' in Thailand's Isaan region seems to appear before your very eyes in Ban Phu. Participate in a variety of cultural activities, including folk performances, basket weaving, herbal soap-making, fabric dyeing, as well as trying tasty (but spicy) region food.





ACTIVITIES

- Dye fabrics using colors from tree bark and leaves.
- Try making herbal soaps.
- Learn how to make handicrafts and wickerworks.
- Enjoy folk plays and local musical instruments.
- Trek through the forest to collect bark and wild herbs.
- Make Bai Sri or Khan Mak Beng flower arrangements for the elders.

PROGRAM 4 DAYS 3 NIGHTS

DAY 1

Morning

Depart from Nakorn Phanom Airport to Muang District to check out to Phra That Phanom, the invaluable cultural heritage of Sri Kotraboon Kingdom at Phra Thay Pranom Waramahaviharn Temple, the pagoda of those who were born in the Year of the Monkey (and on Sunday)

Noon

Lunch at Sirichai - a Roasted suckling pork restaurant, Kang Kra Bao, Mukdaharn

Afternoon

Kang Kra Bao is located opposite Chaiburi City in Laos with the Khong River in between. During dry season, an island emerges in the middle of the river and it is believed to be the place of the Naga Phaya Sripuchongmukda, the respectable god of the Northeastern and Laos people

Leave to see the Phu Tai Tribe, Baan Phu, Baan Pao sub district, Nong Soong district, Mukdaharn Province

- Receive a warm welcome by the Phu Tai tribe and get a brief introduction on the local way of life from the local tour guide at Baan Phu Leanrning Centre
- Introduction to the local elderly people and the host while getting to `know the host's way of life
- Go on a bike ride or walk around the community and pay respect to the invaluable patron of the village
- · Dinner with the host

DAY 2

Morning

Traditional Dance - learn about the local "Lan" and "Paslop" dance, along with Phu Tai dance, to be used in the evening's activity

Noon

Lunch with the local people at Baan Phu Learning Centre

Afternoon

Enjoy folk plays and folk musical instruments which reflect the tribe's identity, including "Mai Thok Thek" and enjoy learning with the musical instruments used in the evening's activity

• Go on a bike ride to disocer more about how locals fish using hooks and net casting

Evening

"Pa Lang"- welcome dinner and performance for the guests with the welcoming garlands, Lan and Paslop Dances and "Baai Sri Su Kwan" Ceremony while enjoy the dinner Free time and rest at the homestay

DAY 3

Morning

Sticky rice alms offering in front of the homestay

- Experience the Buddhist way of life at Buddha Kiri Breakfast and reforestation activity
- Learn how to make Baai Sri tray or Khan Mak Beng, the highly-regarded meticulous craft that uses the local materials, such as banana leaves. It reflects the ancient local wisdom of the community.

Noon Lunch.

> Cooking class where you'll be taught how to make some local dishes with organic ingredients "Su Kwan the Elderly" – Pay respect to the local elderly

people (and get blessings in return) and then listen to their stories

Dinner at the homestay and free time "Dinner and storytelling by the Evening

elders- Kom Folk bedtime tale"

DAY 4

Handicrafts activity with basketry and weaving groups Morning

Learn how to use color dyes from tree bark and leaves

See a demonstration on the traditional weaving process and wood carving

Lunch. Noon

Afternoon Local product making, which includes items such as herbal soap as

• Herbal compress, foot soaking and Thai massage

• Leave for the city center of Nakon Phanom and admire the beautiful landscape along the Mae Khong River and the limestone mountains located in Khum Muan, acorss the river the Laos People Democratic Republic

• Visit one of the main attractions of the town, the image of Phraya Sri Satanakaracha, believed to be the protective god of the region

Evening Dinner in Mueang District of Nakon Phanom

Leave for Nakon Phanom Airport

Program 4 Days 3 Nights

Number of visitors	2-3 persons	4-5 persons	6-18 persons
Rate/Person (THB)	26,500	18,500	16,000



Program 6 Days 5 Nights

Number of visitors	2-3 persons	4-5 persons	6-18 persons	19-40 persons
Rate/Person (THB)	35,500	27,500	22,500	20,500



TOUR OPERATOR CONTACT INFORMATION

Win Win Smile Co., Ltd.

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WHAT WILL YOU LEARN?

Learn and experience the traditions and customs of the Phu community in terms of language, performance arts and costumes – such as wrap-around skirts and tie-dyed shirts with shawls.







HOME STAY

5 homestays with a capacity to accommodate 100 visitors in total























FOR MORE INFORMATION **Thailand Village Academy**

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