

Village Academy

# **THAI-PUAN COMMUNITY** Nakhon Nayok



## THAI-PUAN COMMUNITY Nakhon Nayok



The people of the Chiang Kwang region of Laos emigrated south over 200 years ago, bringing with them their culture, beliefs, traditional recipes and songs passed down from generation to generation. Today, you can discover this unique community of "Tai Puan" people in the remote countryside of Thailand's Nakorn Nayok province. Experience this well-preserved culture as you mingle with the locals, learning more about their community and unique lifestyle with a range of classes on cooking, weaving and even language lessons.





## ACTIVITIES

- Lean how to say some of the local Thai Phuan words and phrases.
- Enjoy traditional Thai Phuan performances.
- Have a go at cooking some original Thai Phuan dishes with a local chef.
- Learn about hand-woven ancient patterns Thai-Puan fabrics.
- Take a car or bicycle trip to see the nearby orchards.
- Join in with some cultural exchange activities
- with students at local schools.
- Enjoy swimming in a waterfall, whitewater rafting and other nearby tourist attractions.

## **PROGRAM 3 DAYS 2 NIGHTS**

#### DAY 1

09.30 am.	Depart from Bangkok.
11.30 am.	Pay for homage for good luck at Nakornnayok City Pillar Shrine. Get to know Nakornnayok.
12.00 pm.	Lunch at one of the most well-known restaurants in the province
01.00 pm.	Travel to the "Phuan" community in Pak Pli district, Nakornnayok.
01.30 pm.	Arrive at the Tai Phuan community gate at Fang Klong Temple, Koh Wai sub-district, Pak Pli district, Nakornnayok. Receive welcome cloth from the community members. Meet the community communicator.
02.00 pm.	Visit Chalerm Ratchawat Fang Klong Cultural Center and learn about the Tai Phuan community history and culture. Pay respect to Pra Kru Wiriyanuyok, the abbot of Fang Klong Temple, with the five aggregates and pandan leaf rose bouquet.
03.00 pm.	"Ean Kwan Phuan" Baci welcome ceremony to summon the souls for the visitors.
04.30 pm.	Short break with banana and Fang Klong Temple's iconic pandan salted eggs
05.00 pm.	Store luggage at the homestay accommodation.
06.00 pm.	Dinner at the homestay Practice easy Phuan for daily conversations with the host.
08.00 pm.	Leisurely time

## DAY 2

06.30 am.	Ride on traditional vehicle to visit the market. Enjoy the fresh morning air and experience the community lifestyle.
07.30 am.	Breakfast at the homestay
09.00 am.	Pay respect to the Buddha's footprint model with the host at Koh Wai using pandan leaf roses.
09.30 am.	Visit Auntie Tongsri's ancient house. Learn about the tools for working with rice, the Tai Phuan and Huen Phuan traditions.
10.30 am.	Cook with Kru Lord, get to know the traditional Tai Phuan dishes, food tradition and beliefs. Learn about "Pla doo" herb-fermented fish and help the locals cook traditional Phuan dishes.
12.00 pm.	Lunch of fried rice with herb-fermented fish wrapped in red lotus leaf at Kru Lord's house
01.30 pm.	Visit Ta Daeng Temple and its important religious sites. Learn about Thai temples and how Phuan people are devoted to Buddhism. Pay homage to the sacred items much respected by the Phuan people of Ta Daeng village.
02.30 pm.	Visit Lao Doen mushroom farm. Collect mushroom for dinner, cooked by the homestay host.

03.30 pm.	Visit Wang Bon reservoir, kayak or bike in the beautiful nature.
05.00 pm.	Admire the view of Khao Yai National Park at Rawin Home Café.
06.30 pm.	Return to the homestay.
07.00 pm.	Dinner at the homestay. Help the host prepare the next morning's merit making packs.
08.30 pm.	Leisurely time

### DAY 3

Make morning merit with the host in traditional Phuan outfit at the homestay.
Breakfast at the homestay
Arrive at Ban Mai Phuan community, or "Ban Moe" in Phuan. Pay homage to Kusawadee Buddha Relics Stupa at Patummawongsawas (Ban Mai) Temple.
Visit the "Pak Pli Tai Phuan handloom weaving group" at the Center of Local Wisdom, Ban Mai Temple. Learn about the ancient handloom weaving method.
Short break with "Kao krayakoo" rice pudding cooked with coconut milk, a traditional dessert.
Return to the homestay, collect the luggage and say goodbye to the community.
Lunch at a famous local restaurant, Chaluay Pochana, which sells ancient Phuan suki from Ban Koh Wai Phuan community
Depart from Nakornnayok
Safe arrival in Bangkok



## WHAT WILL YOU LEARN?

Learn about the 240-year-old culture of Thai Puan tribe through discovering their culinary recipes, language, performing art and hand-woven silk with traditional patterns that have been carefully maintained.



## HOME STAY

7 homestays with a capacity to accommodate 15-20 visitors in total







#### Program 3 Days 2 Nights

Number of visitors	2 persons	4 persons	6 persons	8 persons	20 persons	
Rate/Person (THB)	19,000	11,000	8,600	7,500	6,900	

#### **Program 6 Days 5 Nights**

Number of visitors	2 persons	
Rate/Person (THB)	37,000	

#### Program 7 Days 6 Nights

Number of visitors	2 persons	4 persons	6 persons	8 persons	20 persons	
Rate/Person (THB)	39,000	28,000	23,500	21,900	19,900	

## TOUR OPERATOR CONTACT INFORMATION

#### Friday Trip Co., Ltd.

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#### FOR MORE INFORMATION **Thailand Village Academy**

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